

# Disrupting from within through Digital Innovation

Eric Gombrich Chief of Digital Partnerships Digital Innovation Group 8 April 2016



#### **The Digital Revolution**

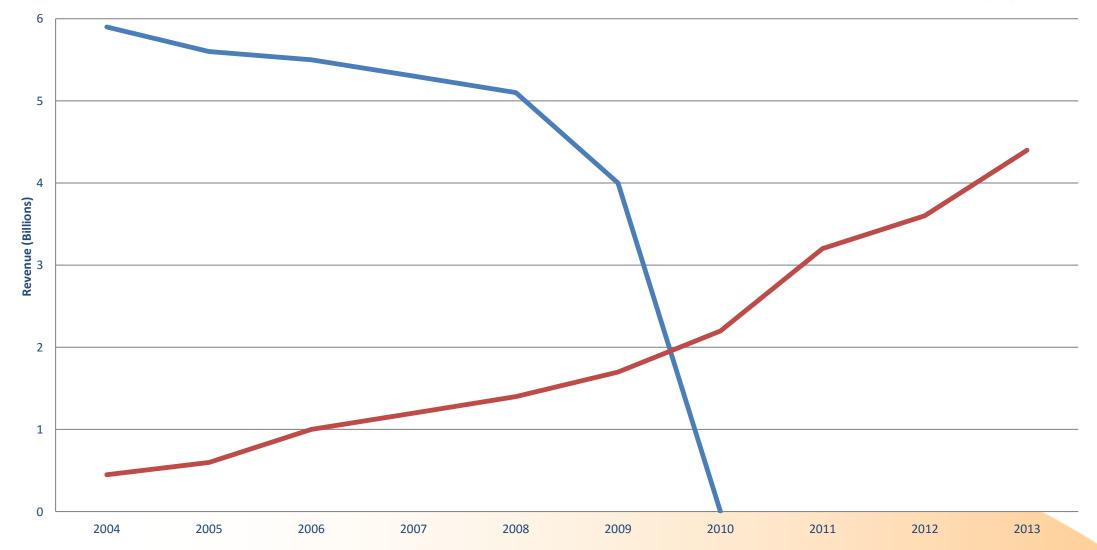


#### Pope Benedict XVI

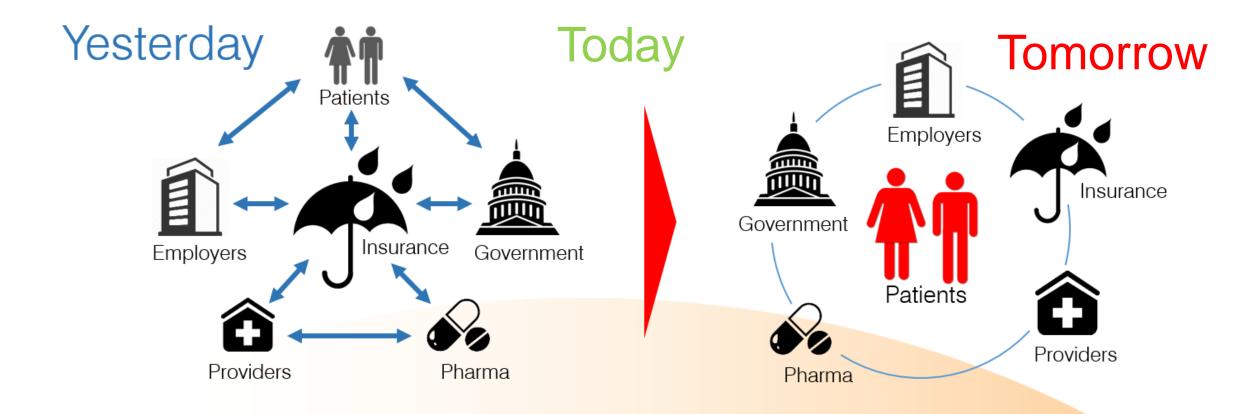
#### **Pope Francis**

### A Tale of 2 Companies









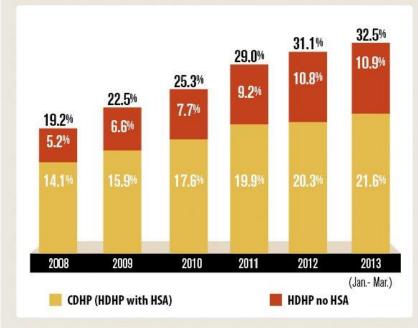
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#### Look at the trends

#### The rise of high-deductible health plans

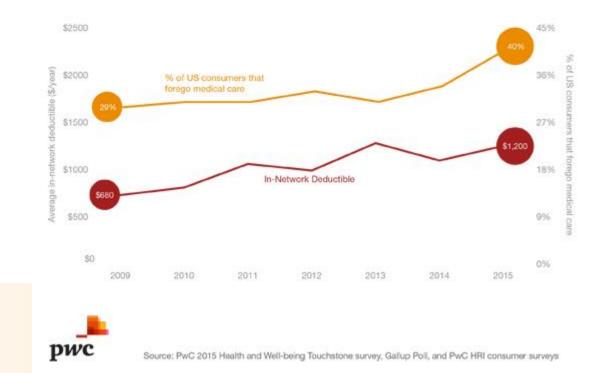
The number of patients under age 65 with high-deductible health plans has increased each year, according to the National Health Interview Survey conducted by the Centers for Disease Control and Prevention and the National Center for Health Statistics.



**NOTES:** A consumer-directed health plan (CDHP) is a high-deductible health plan (HDHP) with a health savings account (HSA). 'HDHP no HSA' is a high-deductible health plan without an HSA. The individual components of HDHPs may not add up to the total, due to rounding.

#### As cost-sharing increases, consumers forego care

Average employer insurance deductible vs. percentage of consumers foregoing care

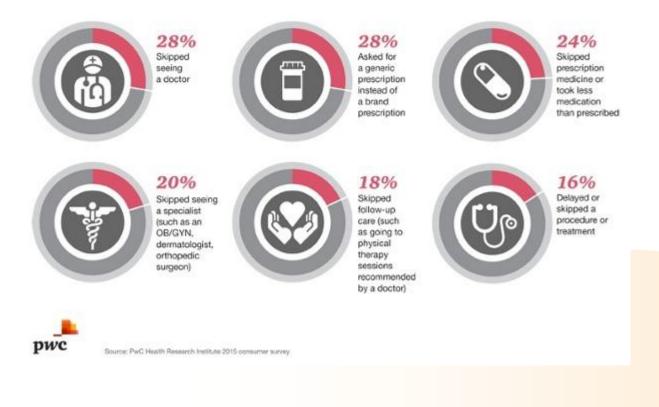


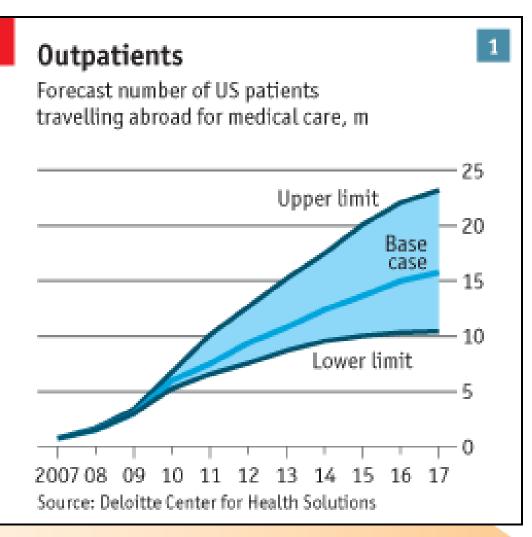


## **Consumerization Forcing Change**

#### Cost-shifting pushes consumers to become more conscientious about their healthcare choices

Percentage of consumers with employer-based insurance who took the following actions in the last 12 months due to cost of care







#### Why Innovate

- Fee for Service
- Volume Focus
- Episodic
- MD-directed
- Payer-Controlled



- Value-Based
- Outcomes Focus
- Integrated
- Consumer Directed

#### Yesterday's success may be tomorrow's failure



#### **Providence Digital Innovation Group**

- Business Unit within PH&S with Sr. Leadership Representation
  - Aaron Martin, Sr. Vice President Strategy & Innovation
- Established to intentionally seek and deliver purposeful disruption that:
  - Creates a stronger bond between us and our patients
  - Addresses problems in order to:
    - Ease access to care (for patients)
    - Ease the delivery of care (for providers)
    - Lowers the cost of care (for everyone)

"Know me, care for me, ease my way"

#### **Innovation vs Addressing Problems**



#### Pilot

"Can we use technology to..." Focus: Technology

#### Analyze

"Now that we proved we could use the technology to ...what does it mean for our business?"

Focus: Economic and clinical impact Scale

"Now that we've seen it's beneficial for patients and the business, how do we scale it for widespread application?"

*Focus: Operationalizing it as a business* 

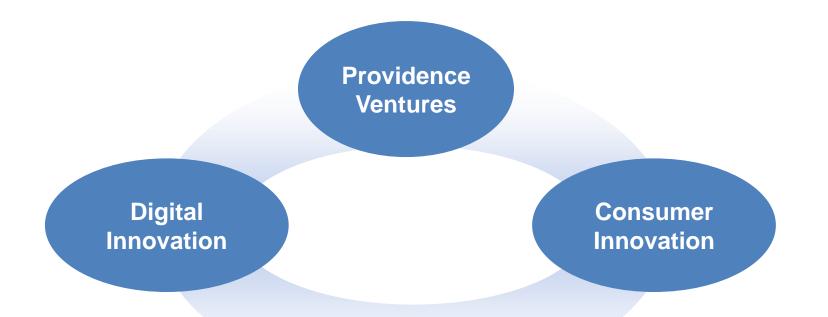


### **Defining the Problem**

- Decoupled from the solution
- Rooted in value
  - Quantify its negative impact
  - Quantify the value of solving / improving it
- Obtain commitment to implement a solution, if derived

## **Providence Innovations**

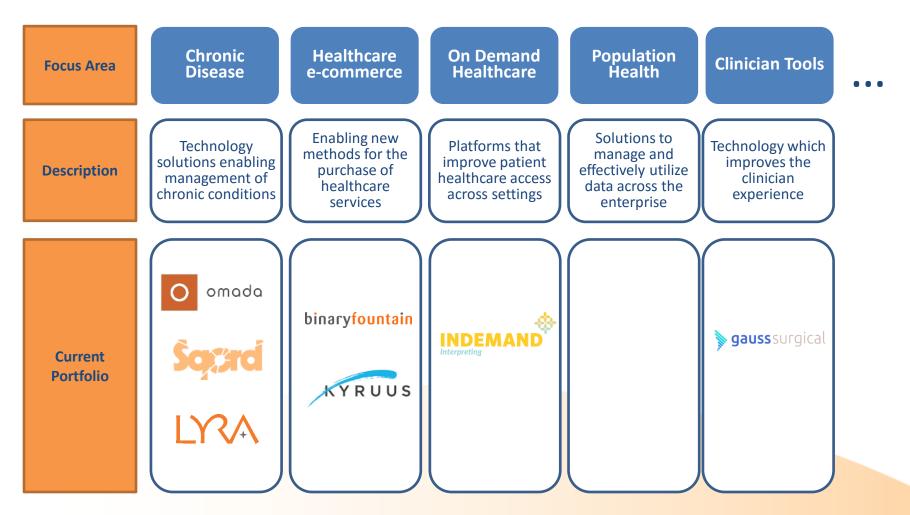




**Discover** Important Innovations, **Demonstrate** They Work, and Bring them to **Scale** 

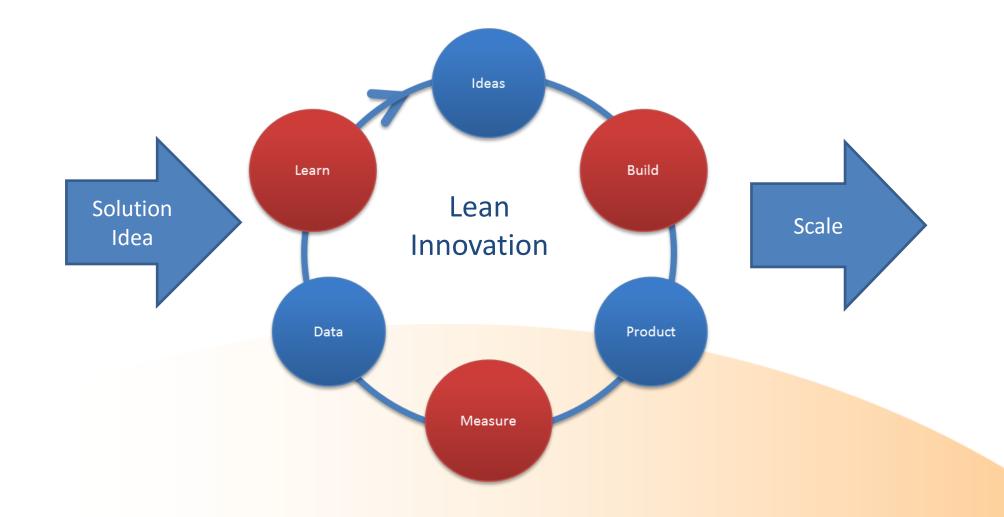


#### **Providence Ventures**





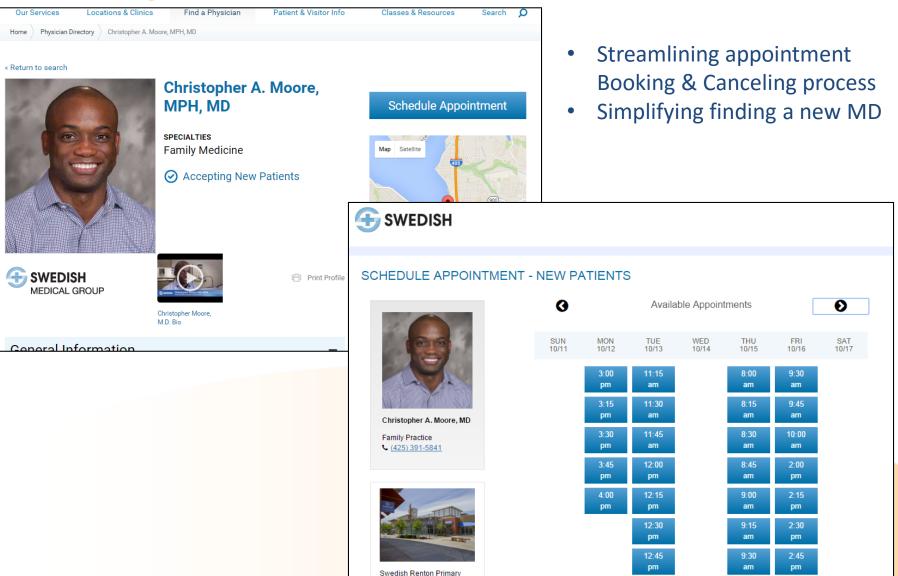
#### **Process: How We Innovate**





## **On Demand Health Care**

#### **Online Scheduling**





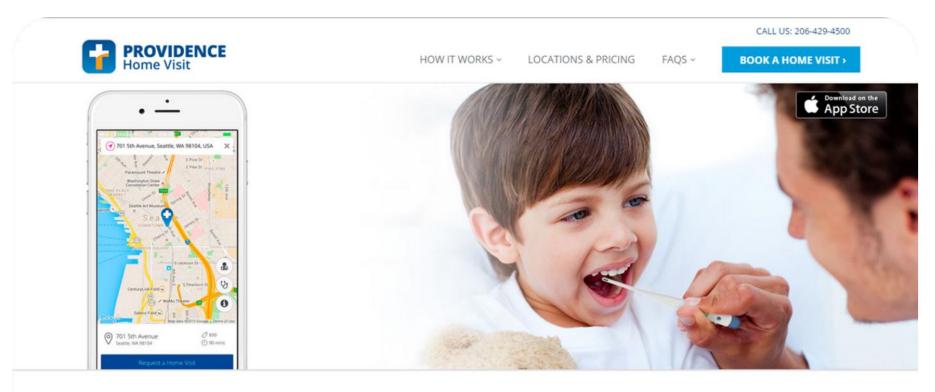
#### **On Demand Healthcare** *Walgreens + Providence/Swedish*





### **On Demand Health Care**

#### Home Visits



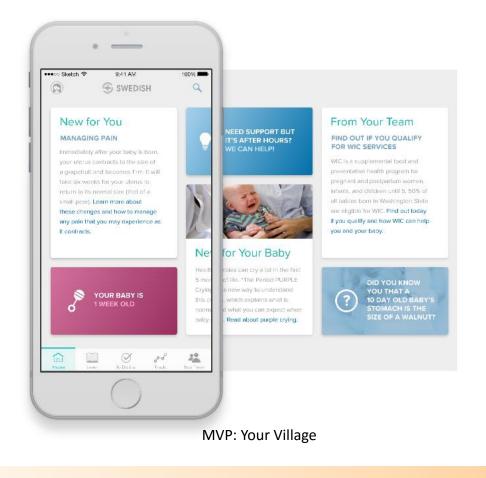
#### Providence Home Visit



### **Your Village**



Initial Pilot Group "ProvMom"



## **Telehealth**



- More than a decade of experience
- Today, nearly 90 hospitals in 5 states rely on Providence & affiliate telehealth services
- 10 employers purchase telemedicine coverage from PHS; 2 ACOs
- Spanning the continuum
- ~10,000 virtual encounters in 2015
- Evolving to a singular, integrated system-wide approach for teleservices









## **Providence Telehealth Program Overview**



#### **Enterprise**

- TeleStroke
- TeleHospitalist
- TelePsychiatry
- TeleBehavioral Health
- TelePhysiatry
- TeleBrain Injury
- TeleCardiology
- TeleCritical Care
- TeleECG
- TeleEEG
- TeleHand Trauma
- TeleEpilepsy
- TeleGI
- TeleMovement Disorders
- TeleNeonatal Resucitation
- TeleNeurosurgery

- TeleOncology
- TeleOtolaryngology
- TeleOtology
- TeleEndocrinology
- TelePediatrics
- TeleSANE
- TeleSleep
- TeleSpeech
- TeleSpine
  - TeleTIA

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TeleWound

#### **Consumer**

- Health eXpress Direct-to-Consumer
- Health eXpress Kiosks
- Primary Care
- TeleDM education

#### Integrated services spanning the continuum

• Improve Access to specialists



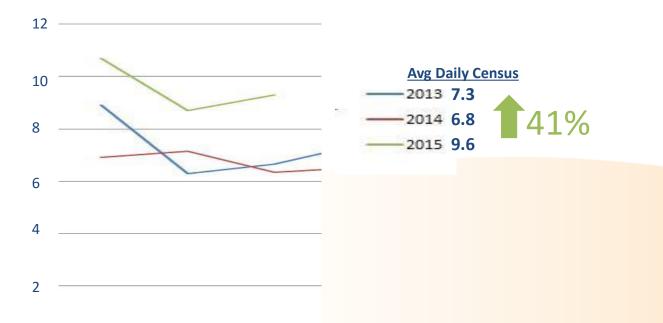
## **Innovation Example: Telehospitalist (Noctu**

- Balancing Cost & Quality for nighttime coverage7pm 7 am
- Staffing
  - Smaller program requiring your physicians to cover more nights (burn-out risk)
  - Desire to preserve daytime staff to be more productive
  - Less disruption to sleep/wake cycles
  - Need primary or back-up coverage
- Hidden issues with on-call models

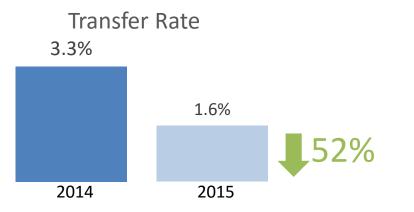


### **Case Study: Volumes**

- 52% reduction in transfers out of the hospital
- 41% increase in ADC

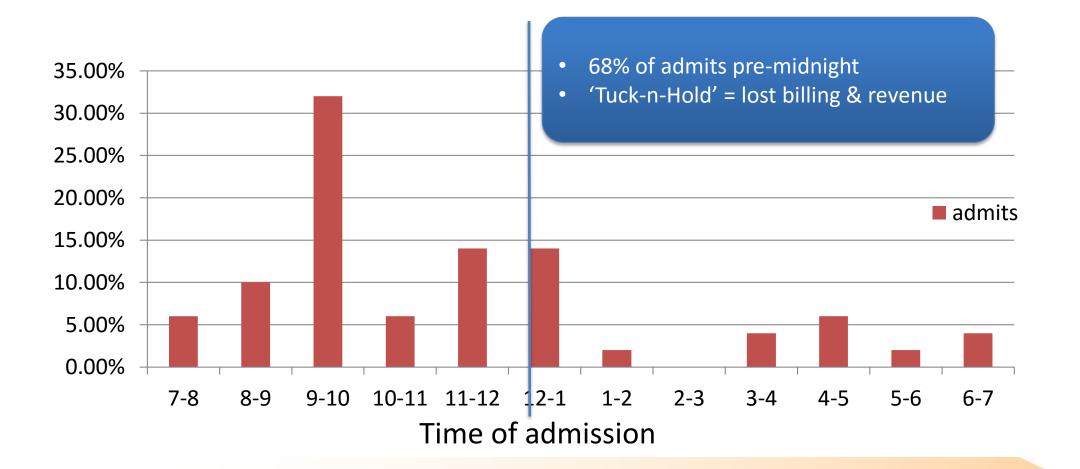






### **Case-study: Impact on Billing**







## **Case-study: Ancillary Benefits**

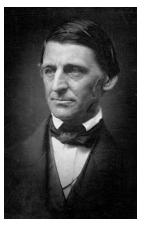
- On-call MDs more rested during day
- Daytime MDs more efficient
- RNs & allied staff less stressed
- Patient satisfaction increased





We always over-estimate the change that will occur in the next 2 years, and underestimate the change that will occur in the next 10. Don't let yourself be lulled into inaction. *Bill Gates* 

Do not go where the path may lead. Go instead where there is no path and make a trail. *Ralph Waldo Emerson* 



Are you reacting, or creating?



# **Thank You!**

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