

The HIMSS Digital Health Indicator

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The Need for a Digital Health Indicator Tool

• **Digital health** is widely viewed as an opportunity **to optimize health system performance and achieve** financial sustainability. Today, it may inform plans for capacity building for health systems to more proactively manage a pandemic.

However:

- there is no standard definition or measure of digital health,
- no clearly defined roadmap for health systems to guide progress
- HIMSS is the only global network with a suite of maturity tools to guide implementation of digital maturity
- Transformation towards digitally enabled care delivery to expand capacity to meet demands for care requires a team approach!



Methodology

- 1. Critical analysis of current state of the evidence related to digital health:
 - analysis of digital health definitions
 - review of current measures, frameworks and models
- Design a digital health framework and measurement strategy
- Pilot testing: USA, Canada, Denmark, for validation, feedback and fine tuning



What is Digital Health?

Digital health connects and empowers people and populations to manage health and wellness, augmented by highly accessible and supportive provider teams working within flexible, integrated, interoperable, and digitallyenabled care environments that strategically leverage digital tools, technologies and services to transform care delivery.



Building Blocks of A Digital Health Ecosystem

Enables people to manage health, predicts risks

Transforms data into knowledge, insights, and outcomes

Mobilize and enable data exchange across the journey of care

Data stewardship, privacy, security, workforce integrity are foundational

POPULATION HEALTH & WELLNESS

DIGITAL CAPACITY

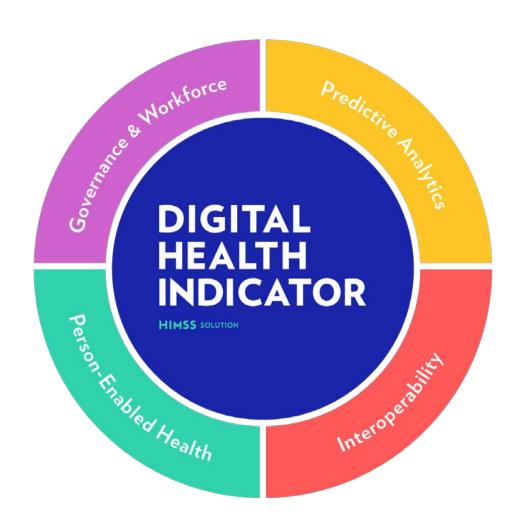
Individuals are meaningfully connected to providers to manage health

ANALYTICS & TRACEABILITY:
Outcomes

INTEROPERABILITY: Democratization of Data

GOVERNANCE & WORKFORCE





The Digital Health Indicator (DHI) measures progress toward a digital health ecosystem. An ecosystem that connects clinicians and provider teams with people, enabling them to manage their health and wellness using digital tools in a secure and private environment whenever and wherever care is needed. Operational and care delivery processes are **outcomes-driven**, informed by data and real-world evidence to achieve exceptional quality, safety and performance that is sustainable.



Understanding the Dimensions

Interoperability

- Foundational: Exchange of data accessible across clinical settings
- Organizational: Use of governance tools such as policy, security and privacy
- Semantic: Use of analytics tools and reporting to streamline data access and management
- Structural: Data centralization, automation and integration for seamless data flow

Person-Enabled Health

- Personalized: People set their health and wellness goals and choose the digital tools that enable self management connected to providers when needed
- Proactive: Predictive analytics mobilize patientlevel outcomes data to track progress toward goals
- Population health:
 Predictive analytics enable mobilization of data to track population health outcomes to enable proactive health and wellness

Predictive Analytics

- Personalized Analytics:
 Connection between individuals and their provider teams for outcomes reporting
- Predictive Analytics:

 Tracking and tracing of outcomes across the journey of care identifying risk and strategy for care quality and safety
- Operational Analytics:

 Data mobilized to track
 and improve health
 system performance

Governance & Workforce

- Stewardship: Leadership strategy informing oversight and accountability policies
- Transparency: Connectivity with people and populations provides indicators of quality, safety and outcomes
- Policy and Decision-making:
 Alignment of processes
 and strategy that support
 and incentivize performance
- Workforce Capacity and Competency: Transformation of care delivery by advancing digitally enabled care delivery, informed by outcomes data



Digital Health Indicator Rapid Assessment



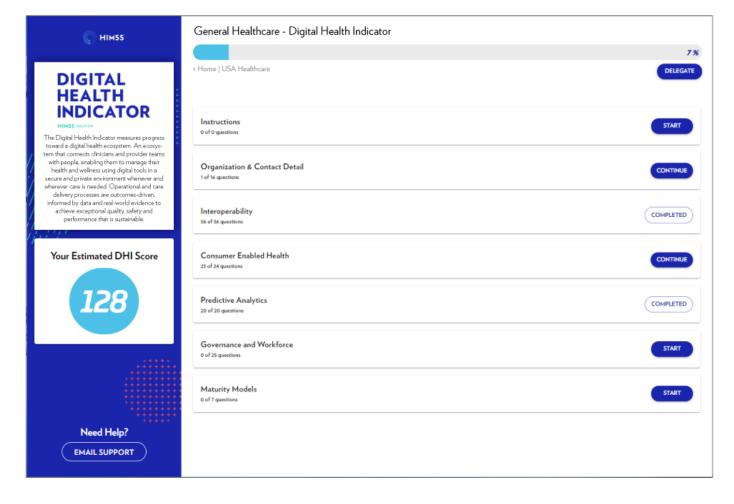
Scoring:

- 400-point scale
- 12 Indicators
- Administered at the health system level
- Receive additional points for being validated at Stage 6 or Stage 7



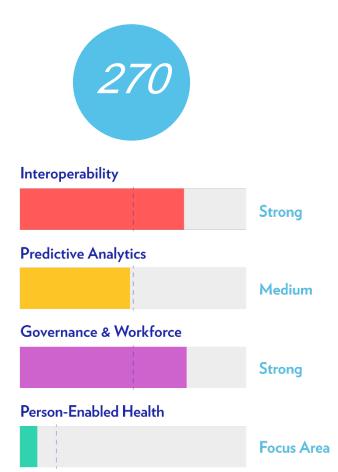
Digital Health Indicator Virtual Assessment







DHI: Virtual Assessment For Example Health System

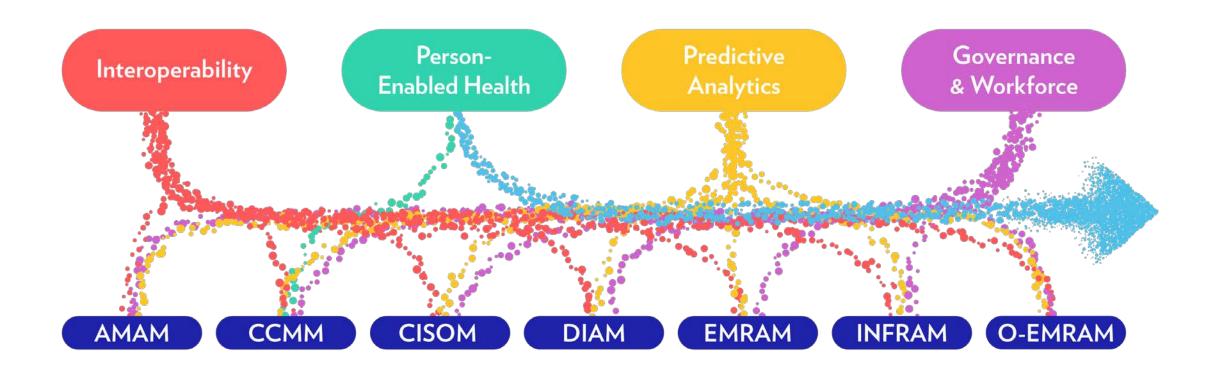


Overall Recommendations

- Improve how data flows across organization, clinician teams and people managing their health to inform decisions, and ensure meaningful connectivity using mobile tools as noted by several indicator statement responses throughout assessment. These recommendations will help to improve the Interoperability dimension of digital health.
- Identify capacity and use of prescriptive analytic tools to support proactive identification of risk, and enable alerts to inform prevention efforts as both are areas the health system can advance the predictive analytics dimension of digital health.
- Build policy frameworks that support transformation of digitally enabled models of care, workforce capacity to deliver digitally enabled care, transparency in publishing health system outcomes as these elements will begin to help health system advance Governance & Workforce dimension of digital health.
- Advance use of personalized approaches to care, capacity for personal reported health outcomes and self-management of health, use of predictive tools to identify population health risk and proactive interventions These recommendations are tied to advancing the Person-Enabled Health dimension of your digital health ecosystem.
- DHI roadmap services to advance digital health capacity



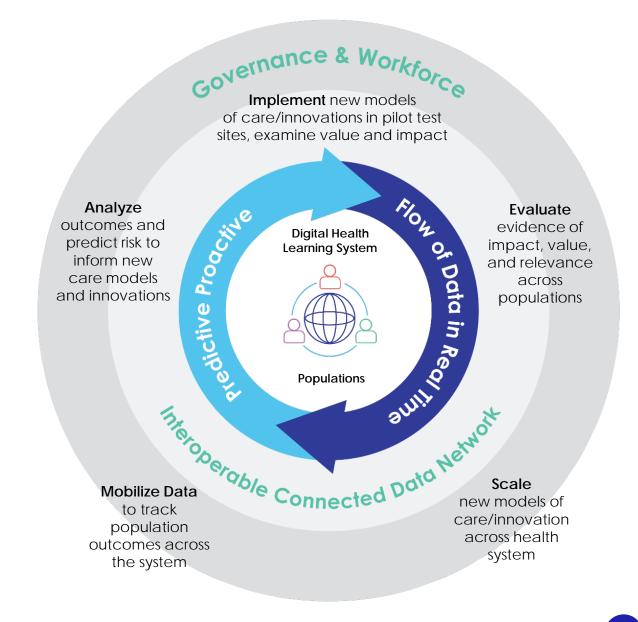
Digital Health Indicator





A Mature Digital Health Ecosystem

- Digital health systems prioritize population health outcomes, informed by robust analytics, tracked in real-time
- Outcomes data informs the design, implementation and scalability of new models of care innovations focused on health and wellness
- Interoperability makes it possible for data to flow across the system in real-time
- Governance supports a sustainable workforce and ensures system accountability





Get your DHI Rapid Assessment

Measure your health system's digital health capabilities, identify your strengths and uncover opportunities to inform a comprehensive digital health strategy with a complimentary HIMSS DHI Rapid Assessment.

Your pathway to increased health system capacity and improved population wellness begins now.

https://dhi.himss.org/rapid



Q&A

Need more information?

Visit: http://www.himssanalytics.org/DHI

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