Spring Leadership Conference
May 17, 2018
Wilderness Resort/Glacier Canyon Lodge
Wisconsin Dells, WI

Dr. Niraj (Raj) Nijhawan is a practicing physician. He was raised in Milwaukee, WI, graduated from the University of Wisconsin Medical School in 1992, and completed a medical residency in Anesthesiology/Critical Care at the Medical College of Wisconsin. Dr. Nijhawan received a National Institute of Health Scientist Training Grant where he acquired a Master's Degree in clinical research, became a clinical scientist, and designed and conducted medical research. He is also a healthcare leader and was recruited to run and build several medical departments in a variety of hospitals and healthcare systems. Dr. Nijhawan has spent nearly 30 years cataloging, practicing, teaching, and helping people integrate the latest knowledge from the realms of medical, social, and neuroscience into their lives. Dr. Nijhawan provides lectures several times per week to audiences including athletes, nursing and medical students, nurses, physicians, non-healthcare corporate executives, non-healthcare organizations, and the public at large. There has been universal acclaim for the presentations as being life-changing, entertaining, and a call to immediate practical action.

Presentation Description:

The Brain Science of Being Excellent at Everything: Practical tools for transforming self and organizations

Dr. Nijhawan touches on many important aspects underlying the current state of human existence and how to manage ourselves in a world of chaos. His presentation takes a deep dive into stress in the modern world, survival biology, applied neuroscience, and social, behavioral, and cognitive psychology. Through decades of research, learning, and self-discovery, Dr. Nijhawan provides a comprehensive explanation for how to further the human condition through an inclusive program that addresses all of the previously mentioned topics. Ultimately, his goal is to teach others how to become scientists of their inner journey and transform their lives based on the discoveries and rational principles which drive humanity on an individual, group, and population level.