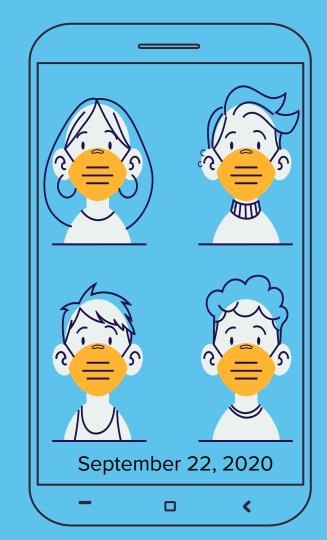
USE OF SOCIAL MEDIA FOR COVID-19 Communication & Miscommunication: What you can do

Lisa Gualtieri, PhD, ScM

Associate Professor Department of Public Health & Community Medicine Tufts University School of Medicine **Email**: lisa.gualtieri@tufts.edu **Twitter**: @lisagualtieri

Jesse Greenfield, MPH Email: jesse.greenfield@tufts.edu Linkedin: https://www.linkedin.com/in/jesse-greenfield-mph/



#HealthITChicks

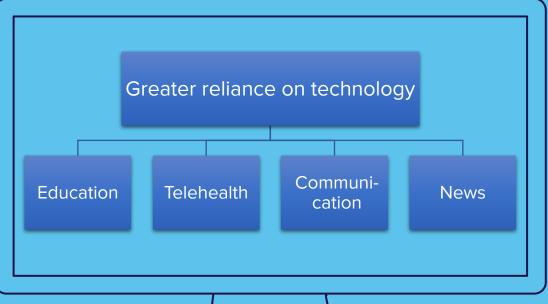
CHANGES TO LIFESTYLE IN THE US DUE TO COVID-19

www-statista-com, May 12, 2020 Stayed at home more Applied social distancing Washed hands more Gone to the shops less Wear protective face masks outside Avoided public places like bars and restaurants Travelled less Cancelled plans with family or friends Shopped online more Cleaned your house more Avoided certain shopping times Avoided public transport Used less cash Worked from home Reduced exercise regime I have not made any changes to my lifestyle

DRAMATICALLY INCREASED USE OF TECHNOLOGY

PwC's Health Research Institute April 2020 survey found an *explosion in telehealth* with about 16.5 million Americans have started using telehealth in the past couple of months.

88% of these new users said they would use it again.





IN-HOME MEDIA USE BY US INTERNET USERS (MARCH 2020)



32% spending longer on social media (e.g. Facebook, Instagram, Twitter etc)



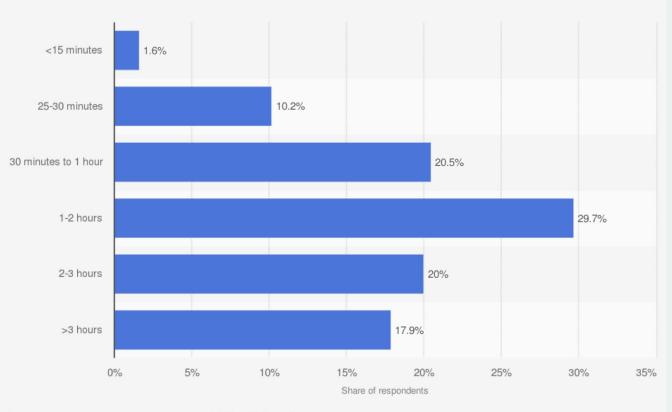
17% spending longer on messaging services (e.g. WhatApp, Facebook Messenger, etc)



30% of consumers in the U.S. say they're sharing their opinion more on social media as a result of the outbreak

INCREASED TIME SPENT ON Social media

Additional daily time spent on social media platforms by users in the United States due to coronavirus pandemic as of March 2020



Sources eMarketer; Business Insider © Statista 2020

Additional Information:

United States; Business Insider; March 31, 2020; 609 respondents; 18 years and older; who in

statista 🖍

#BANANABREAD



SEEKING THE LATEST COVID-19 NEWS

80% of US & UK consumers consume more content since the outbreak

- 68% of consumers are seeking out pandemic updates online over any other activity
- GlobalWebIndex April 2020 •

Quarantine Internet Activities, %

Increase

0%	25%		50%		75%	
Searching for coronavirus/		All	Gen Z	Millennials	Gen X	Boomers
COVID-19 updates		68	67	71	69	54
Listening to music		58	71	62	54	38
Watching movies/shows		49	51	52	51	34
Watching funny videos		42	52	44	39	27
Playing games on mobile		40	47	45	36	34
Looking at memes		32	54	41	21	9
Playing games on PC/laptop	(3)	29	29	36	25	25
Searching for cooking recipes		28	21	35	29	21
Reading business & finance articles/news	Ð	27	14	35	28	21
Searching for discounts from brands	(\bigcirc)	24	22	28	23	23
Reading healthy eating articles		24	19	31	22	16
Reading sports news		23	16	32	19	24
Reading celebrity news		22	25	25	19	15
Listening to podcasts		18	16	26	16	
Watching fitness videos	۵	18	18	24	17	.3
Searching for fashion trends/discounts		16	14	23	13	
Reading live blogs		15	12	22	13	
Watching esports videos/livestreams		12	14	20		
Searching for vacations		12		18		
Watching webinars	8			16		
I'm trying to stay off the internet						

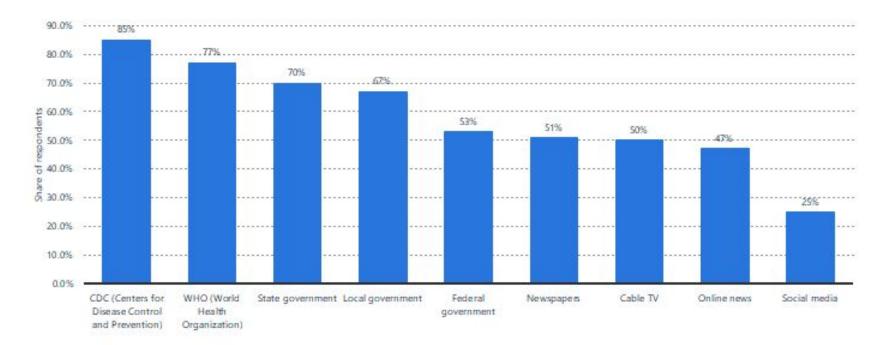


VISUALCAPITALIST.COM

Source: Global Web Index, Coronavirus Research Report, April 2020

Most trusted sources of news for information about the coronavirus in the United States as of March 2020

Most trusted sources of coronavirus news U.S. 2020



Note: United States; March 13 to 16, 2020; 18 years and older; 1,092 Respondents Further information regarding this statistic can be found on page 8 Source(s): Axios; losos North America; D 1104557

statista 🖍

3 HEALTH Organizations on Social Media









CDC: YOUTUBE



#COVID-19 PLAY ALL



CC

11K views • 4 weeks ago

CC

35K views • 3 weeks ago

CC

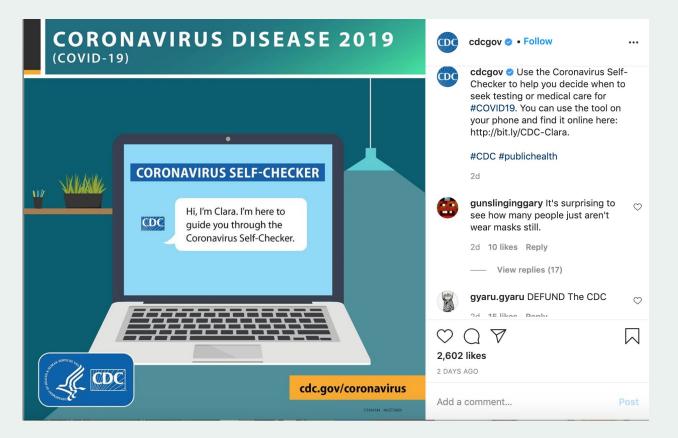
Centers for Disease Contr... 5.1K views • 2 weeks ago

8.9K views • 2 weeks ago

CC

CC

CDC: INSTAGRAM



WHO IS ON AN EVEN WIDER VARIETY OF PLATFORMS

- World Health Organization posts educational videos and health challenges such as #SafeHands on TikTok
- On WhatsApp, WHO launched a chatbot to warn people about the coronavirus' dangers
- On Facebook, Twitter and LinkedIn, WHO has held question-and-answer sessions



TIKTOK & WHO: COVID-19 INFORMATION PROGRAM

View more >

1

2





COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019.

Answer by: World Health Organization O



Protection measures for persons who are in or have recently visited (past 14 days) areas where COVID-19 is spreading

World Health Organization

When to use a mask World Health Organization

Mythbusters

57

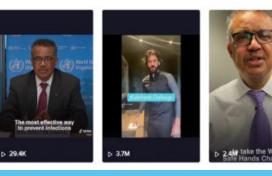


Can spraying alcohol or chlorine all over your body kill the... World Health Organization The World Health Organization is using its verified account to share videos which provide critical updates



World Health Organization (WHO)

3 Following 481.4K Followers 3.1M Likes We are the United Nations' health agency: #HealthForAll



MA DEPARTMENT OF PUBLIC HEALTH ON TWITTER



Mass. Public Health @MassDPH · Sep 20

When you go out, remember to bring a face covering or mask with you – and be sure to wear it in any public spaces where you can't keep 6 feet of distance from others. Learn more: mass.gov/MaskUp #MaskUpMA

So Mask Up MA! www.Mass.gov/MaskUp



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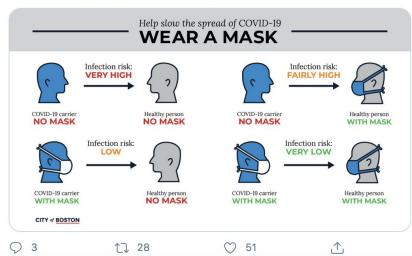
#MaskUpMA



Heading out today? Don't forget your face covering. You're at risk for #COVID19 whenever you leave your home. Wearing a face covering lowers that risk. Please do your part to help us #slowthespread. #MaskUpMA

V

Learn more: boston.gov/face-coverings





#MASKUPMA: OUTREACH AND PARTNERSHIPS



MBTA Commuter Rail @MBTA_CR · Sep 18

1 If you're riding with us this weekend, we're running on a modified weekend schedule.

!! C Keep everyone safe; wear a mask. Your mouth AND nose should stay covered throughout your trip, especially when on the train.

#MaskUpMA mbta.com/RideSafer



BPL Grove Hall @bplgrovehall · 7m

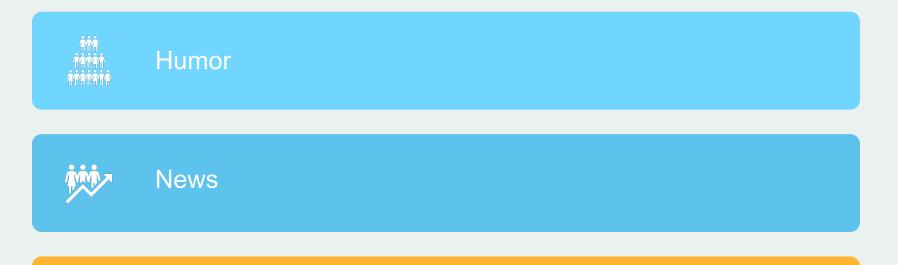
There are many ways be of service/2 easy ways **#maskupma** and the other is get tested for COVID! Then come across the street to **@bplgrovehall** and check out a book.

FREE COVID-19 TESTING

1	TESTING EVERYONE, ASYMPTOMATIC & SYMPTOMATIC
2	NO APPOINTMENT NEEDED BUT PRE-REGISTRATION IS REQUIRED
3	PLEASE CALL 617-568-4500 TO

 \sim

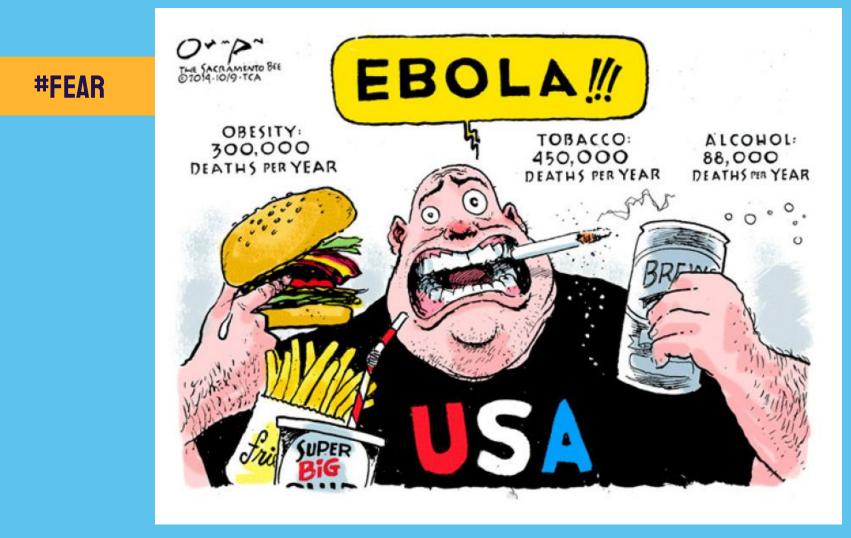
COVID-19 ON SOCIAL MEDIA





Commentary, conspiracy theories, and misinformation





CORONA BEER CHANGES THEIR NAME To avoid association with the Corona virus outbreak



Early (Jan 2020) humor

You know what goes great with the Corona virus?



Lyme Disease



Early humor

TOILET PAPER

Forgetting to panic buy 421 rolls of toilet paper

Part 1 of 3: Accepting Your Death





Ryan Brooks Ogryanbrooks

A bar in my neighborhood is delivering entire liters of their premixed margaritas for \$25 and you get a complimentary roll of toilet paper with your purchase and it's really starting to feel like there are no rules anymore

4:13 PM · Mar 18, 2020





This is what virologists wear to protect themselves from a virus.



But don't worry....your bandana works too.

HUMOR CAN EDUCATE OR CAN LEAD TO MORE...

People walking around with DIY masks like



When you get news and information about the coronavirus outbreak, do you generally find it...

	Difficult to determine what is true and what is not	Easy to determine what is true and what is not	Refused
Total U.S. adults	50%	49%	1%

Survey of U.S. adults conducted April 20 to 26, 2020. Recommended citation: Pew Research Center's American News Pathways data tool.

THE CHALLENGE OF DISTINGUISHING MISINFORMATION

96%

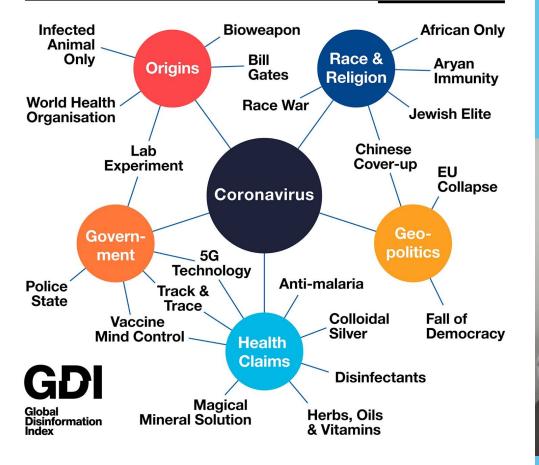
of high school students failed to challenge the credibility of an unreliable source. (Stanford Study)



26%

of adults correctly classified all five factual statements (vs opinion statements) presented to them. (Pew Study)

COVID-19 Disinformation Map



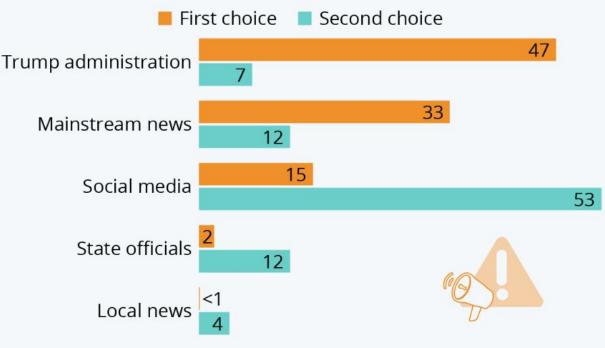


+ GREATER AWARENESS OF "FAKE" NEWS AND FALSE AND MISLEADING INFORMATION

- NEWS IS MORE POLITICIZED

Where Americans See Misinformation

Percentage of U.S. adults who think each entity is the main source of false or misleading coronavirus information



Poll conducted April 14-20 Sources: Gallup, Knight Foundation

SOCIAL MEDIA ECHO CHAMBERS: VACCINATION

Information gets bounced around in clusters or "echo chambers" on social media

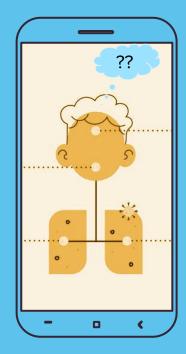
	Number of individuals			
Anti-vaccination	4.2 million	317		
Pro-vaccination	6.9 million	124		
Undecided	74.1 million	885		

There are fewer individuals that are anti-vaccination, but over twice as many clusters.

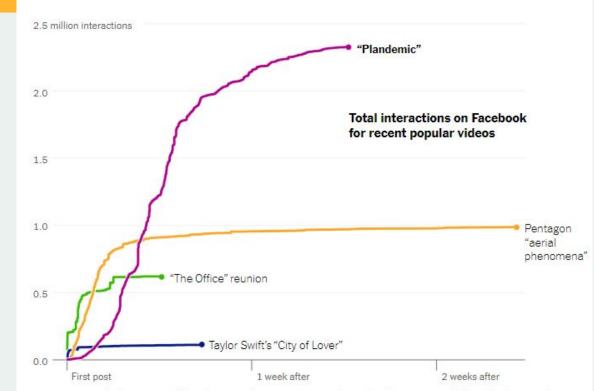
Johnson et al., 2020

THIS UNCERTAINTY IS PRESENT ACROSS SOCIAL MEDIA PLATFORMS

- "Government agencies run the risk of losing control of the risk communication process if they do not act swiftly to dispel misinformation."
- The mismatch in perceived threats and cost and benefit of certain health behaviors could result in **distorted understanding in the general public.**



How the 'Plandemic' Movie and Its Falsehoods Spread Widely Online



Interactions include reactions, likes, shares and comments. Posts for each video are counted from the first one that contained the video through May 15 on public groups and pages on Facebook. Source: CrowdTangle By The New York Times



CONSPIRACY THEORIES: PLANDEMIC



Jim Corr () © @Jimcorrsays · Jan 31 Scientist James Lyons-Weiler PhD - 'Study of the Coronavirus genetics shows this new found strain may have been engineered and "accidentally" released for vaccine creation.'

Survey by Pew Research Center: (71%) of Americans have heard of a <u>conspiracy theory</u> circulating widely online that alleges that powerful people intentionally planned the <u>coronavirus outbreak</u>.

1/4 of U.S. adults see at least some truth in it

Of those that say the theory is probably or definitely true:

48%: have a high school diploma or less education

24%: have a bachelor's degree

38%: have completed some college but have no degree

15%: have a postgraduate degree.

MISINFORMATION: HYDROXYCHLOROQUINE

While several drug trials are ongoing, there is currently no proof that hydroxychloroquine or any other drug can cure or prevent COVID-19. The misuse of hydroxychloroguine can cause serious side effects and illness and even lead to death. WHO is coordinating efforts to develop and evaluate medicines to treat COVID-19.

FACT: There are currently no drugs licensed for the treatment or prevention of COVID-19





#Coronavirus #COVID19

27 April 2020

YOUTUBE

YouTube

D'Souza et al. (2020)

- Useful and misleading videos had similar # of views
- Accurate & reliable information from may not reach the majority of internet users.



coronavirus



Just a few weeks into the new semester, officials at many colleges tried to crack down on large student gatherings, fearing they ...

Q

EK

New CC





Fighting the coronavirus pandemic as flu season nears

CBS News 🛇 204K views • 1 day ago

Doctors are worried the **coronavirus** pandemic may worsen with the flu season around the corner. Dr. Robert Glatter, an ...

New

Latina ER Doctor Says Coronavirus Revealed Health Inequities | NBC News

NBC News 🛇 3.9K views • 4 hours ago

Yvette Calderon, the chair of emergency medicine at Mount Sinai Beth Israel Hospital, was on the front lines of the coronavirus ...

New

Youtube: The Coronavirus Explained & What You Should Do, March 2020

As of Sept. 21:

- 27 million views
- 55K comments



Donut Hoel 4 weeks ago five months later we all know we picked the worst choice.

16 📕 REPLY



TheAmazingCowpig 6 months ago

"Wash your hands as if you've just cut up some jalapenos and want to put in your contacts next."

I've never heard such threatening yet convincing instructions on how to wash my hands until now.

- 9.8K 🐠 REPLY
- View 57 replies

Its main way of spreading seems to be droplet infection when people cough, or if you touch someone who's ill and then your face,

COVID-19 Get the latest information from the CDC about COVID-19.			[LEARN MORE	
G See more resources on Google 🛛					
The Coronavirus Explained & What You Should Do					
26,914,934 views • Mar 19, 2020	🖆 914K	4 I 12K	A SHAR	E ≡ ₊ SAVE	

TWITTER

Saad et al. (2020):

Countries with a lower pandemic spread had a higher volume of COVID-19 related trends/tweets that emphasized preventive measures.

Twitter can be useful for widespread information dissemination.



You're following COVID-19

You'll see Tweets about this in your Home timeline. This Topic will help personalize your experience across Twitter.

You can always unfollow from your Topics.

Got it

CAN SOCIAL MEDIA Platforms remove all This misinformation?

TIK TOK

Platform for short form mobile videos.

<u>Community Guidelines:</u> "Our guidelines prohibit misinformation intended to deceive or mislead the public."

Partnership with World Health Organization: "Learn the facts about COVID-19"



TIK TOK: REMOVING MISINFORMATION

July 17, 2020:

- TikTok deleted roughly 29,000 coronavirus-related videos in Europe for breaking its rules.
- Approximately 3,000 of those contained medical misinformation.



"Misinformation... may cause people to turn to ineffective (and potentially harmful) remedies, as well as to either **overreact** (e.g., by hoarding goods) or, more dangerously, **underreact** (e.g., by engaging in risky behavior and inadvertently spreading the virus)."

MISINFORMATION CAN BE DANGEROUS

QUALITY INFORMATION \rightarrow PREVENTIVE BEHAVIORS

Li et al. (2020)

- Participants who received more
 COVID-19-related health information
 online reported more frequent effort to
 engage in all types of preventive
 behaviors
- Those with positive cases in their social circles were more likely to be tested.





TOOLS TO WARD OFF MISINFORMATION

"

The News Literacy Project, a nonpartisan national education nonprofit, provides programs and resources for educators and the public to teach, learn and share the abilities needed to be **smart, active consumers of news and information** and equal and engaged participants in a democracy.

-NEWS LITERACY PROJECT MISSION

REMEMBER: DOUBLE CHECK

Pennycook et al. 2020:

- People share false claims about COVID-19 partly because they do not consider whether content is accurate before deciding to share.
- An accuracy reminder at the beginning of the study nearly **tripled** the level of truth discernment in information sharing.



HOW TO SPOT CONSPIRACY THEORIES

7 traits of conspiratorial thinking:



AVOIDING "TREATMENT" SCAMS

Mackey et al. (2020): From March to May 2020, **nearly 2,000 fraudulent postings** [on Twitter & Instagram] tied to fake COVID-19 health products, financial scams, etc.

Look out for:

- rightarrow Mentions of bulk or rapid sales, cheap pricing, and questionable claims,
- such as FDA approval or specific certifications.

Products, such as COVID-19 testing kits, imported from abroad.

☐ Business being conducted through social media direct messaging or a communications app, like Skype or WhatsApp.

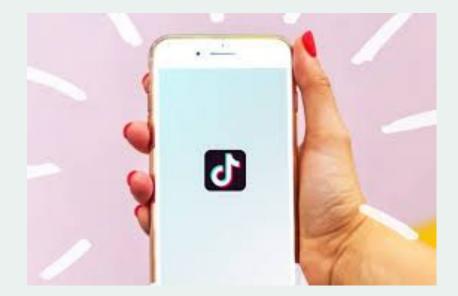
WHO PAGE: HOW TO REPORT MISINFORMATION



DOCTORS TAKE TO TIK TOK

Meet people where they are

- Users are spending an average of 52 minutes per day on TikTok
- Physicians are using it for evidence-based information



https://vm.tiktok.com/ZMJAc15Yj/ https://vm.tiktok.com/ZMJAvohcg/



NO MORE GOWNS IN THE WHOLE HOSPITAL Mount Sinai West, NO MORE MASKS AND REUSING THE DISPOSABLE ONES...NURSES FIGURING IT OUT DURING COVID-19 CRISIS...#innovativenurses #myheroes #heftytotherescue #pleasedonateppe

#riskingourlivestosaveyours Univision Noticias Telemundo NBC New York The New York Times ABC7NY NY-News NBC Nightly News with Lester Holt CBS News New York Daily News NBC News COVID19 FOR HEALTHCARE WORKERS Nurses: Covid-19 Information COVID- 19 Healthcare Professionals Masks For Docs @MasksForDocs

Dr. Rick Loftus describes the dire lack of #PPE facing American doctors & nurses. "I welcome any support from any citizens who are enterprising enough to figure out creative means to get protective gear to the front line doctors and nurses. Our needs are DIRE." #MillionMaskMayday

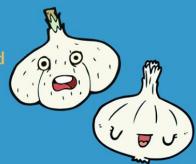
7



© 286 5:20 AM - Mar 29, 2020 © 209 people are talking about this Healthcare workers turn to social media to raise awareness, lobby for more supplies and build support during pandemic.

The examples here show a group of nurses using trash bags as "PPE" and call for the public's support for making more PPE. HOW YOU CAN HELP: Have a social Media presence And use it -Creatively Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus (2019-nCoV)

Can eating garlic help prevent infection with the new coronavirus (2019-nCoV)?







Dr. Duncan Grossman, medical resident in Brooklyn, photographed colleagues to show what their daily lives were like



Duncan Grossman, DO @DuncanGrossman · May 6 Thank you to @WSJ for the opportunity to help tell this story in a new light.

These are some snapshots of daily life in the ER and ICU during the COVID-19 pandemic. I wanted to share small snippets of our every-day, nondramatized realities.



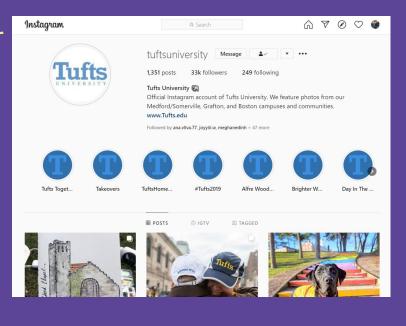
A Young Doctor Photographs the Coronavirus Crisis \mathscr{S} wsj.com

9	206	1.2K	💙 2.6K	≏
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MY SOCIAL MEDIA SUCCESS: 3 QUESTIONS

•With Tufts fully online after spring break, everyone's lives changed

- What's been hardest?
- Has there been a silver lining?
- What are you doing to stay safe?



Tufts **Together**

MY CONSULTATION WITH **KATIE STROLLO,** DIRECTOR, DIGITAL EXPERIENCES, UNIVERSITY COMMUNICATIONS AND MARKETING, TUFTS UNIVERSITY

While we're all physically apart, connect with other students who are sharing how they're staying safe, explaining why this is so hard, and focusing on silver linings.

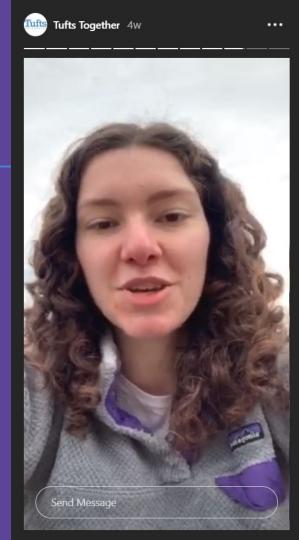
- Asked the communications teams at the various Tufts schools to help us find students who would participate
- Found **3 students** who were interested and filmed themselves answering the 3 questions
- Came up with **Tufts Together** as a name



Send Message

TUFTS TOGETHER

- Callout at the end of the Instagram story asking viewing students to share their own story
- Promotes connectedness and support as well as sharing advice



MASSACHUSETTS LOCAL BOARD OF HEALTH

Social Media Toolkit for COVID-19

Guidance for Communicating Critical Information and Updates to Your Local Community through Social Media

June 2020 Academic Public Health Volunteer Corps



The Social Media Toolkit for COVID-19 provides guidance on **using social media to communicate effectively about COVID-19 on a local level** to provide much needed local information, updates, and support to communities.

Using this toolkit, you will be able to:

- 1 Select social media platforms
- 2 Create messages tailored to your community
- 3 Develop outreach strategies
- 4 Leverage social media during COVID-19 and beyond

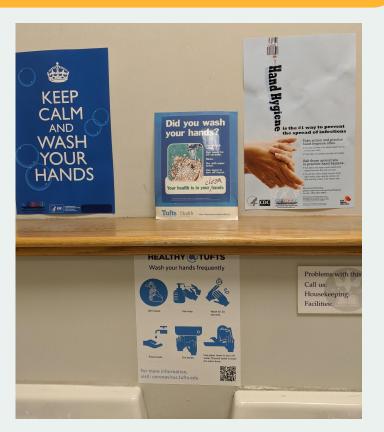
DOWNLOAD THE TOOLKIT

SITES.TUFTS.EDU/SOCIALMEDIATOOLKIT

OFFLINE IS IMPORTANT TOO

Did you... wash your hands?

Is this effective?





The responsibility to promote evidence-based information is on all of us.

- Read before you share
- Understand before you promote
- Be thoughtful when reposting

More resources: healthnewsreview.org

WE HOPE WE HAVE INSPIRED YOU

Lisa Gualtieri, PhD, ScM

Associate Professor Department of Public Health & Community Medicine Tufts University School of Medicine **Email**: lisa.gualtieri@tufts.edu **Twitter**: @lisagualtieri

Jesse Greenfield, MPH Email: jesse.greenfield@tufts.edu Linkedin: https://www.linkedin.com/in/jesse-greenfield-mph/



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